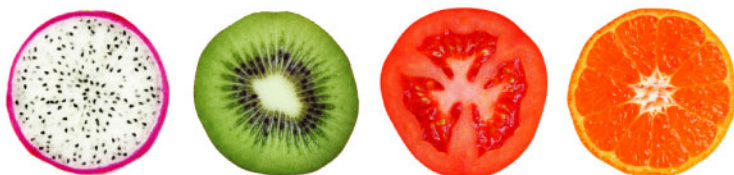


# TASTER

DISCOVER THE VERY LATEST FLAVOURS FROM GOURMET COOKING FROM AROUND THE WORLD



## FLAVOUR FOCUS OF THE MONTH: COLOURS OF FOOD

We've all heard the adage 'We eat with our eyes first.' While this is absolutely true and completely responsible for the foodporn hash tag on Instagram, did you know that the body also processes ingredients based on its colour? There is even a specific diet called the Rainbow diet that recommends eating a meal that is colour-balanced. It derives its nutritional richness from a pigment called anthocyanin that makes an apple red or a banana yellow. Different pigments boast of varied health benefits, common to all being rich anti-inflammatory properties.

Imagine the fun in creating a meal from a colour wheel of ingredients! The world of fruits, vegetable, spices, pulses and grains is bountiful in shades and textures which translates to a lot of exciting flavours and mouthfeel.

Think bottle green baby spinach leaves against jewel like cranberries, pale yellow shards of parmesan drizzled with a black peppery vinaigrette. Serve that with a pasta in a vibrant red arrabbiata sauce and finish with a dessert of milky white panna cotta topped with brilliant orange segments. That's an Italian meal that is

colour balanced and absolutely delicious to serve your loved ones!

To make the most of the natural beauty and nutritional benefits of produce, be sure to buy the freshest, organically grown fruits and vegetables and treat them with care.

Wish you a Happy Holi in advance!



**WE WON 2 AWARDS  
AT THE RECENTLY HELD  
CMO ASIA RETAIL  
EXCELLENCE AWARDS**

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# SHELFWATCH

WE ARE CONSTANTLY ADDING NEW & INTERESTING THINGS TO OUR SHELVES. HERE'S A TASTER OF SOME OF OUR FAVOURITES



## JUBILEU CHOCOLATE

Reputed amongst the discerning European market, this Portuguese brand of chocolate has been popular since its launch in 1984. Their trademark has been high-quality nuts enrobed in the best chocolate; be it slabs with crispy nougat within in a wide range of flavour pairings or bon bons with toasted nuts inside. For those who love their chocolate dark, the noir bar flecked with fleur de sel or the 70% cacao bar will be perfect. An excellent gift option for a special someone or perhaps an indulgent luxury on the weekend.



## SANTA MARIA'S SEASONING MIX (TACO, FAJITA, ENCHILADA)

Spice up your Mexican cooking with authentic flavour mixes by Santa Maria whether it is a taco or enchilada. Each seasoning powder is a perfect blend of high quality spices that will make your cooking stand out.

## INCREDIBLE INGREDIENTS FROM OUR TEST KITCHEN

INGREDIENTS THAT PASS OUR PERSONAL TEST FOR FLAVOUR AND THE THINGS WE COOK UP WITH THEM...

### SPRIG SICHUAN PEPPER AND SEA SALT

This flavoured salt from Sprig is an incredible addition to every serious cook's pantry. Filled with tongue tingling Sichuan peppercorns from China and flaky sea salt from the Pacific Ocean shores, this gourmet salt will brighten up the flavours of salads, stir-fries or grilled meats. Simply twist the bottle to freshly grind the pepper and salt over your food!



## AMERICAN STYLE JUICE RANGE

Basil seeds are held in regard for their nutritional goodness and cooling properties. The texture of the plump seeds when soaked in liquid is a pleasant experience, beloved by adults and children alike. Available in a range of juices like peach, passion fruit, pomegranate and black grape, these basil seed studded drinks are the perfect beverage to beat the heat of the coming summer months.



## O'CEAN WATER

Everyone knows that drinking sufficient water is crucial for the body; however all too often drinking plain water can be quite boring for many. This is where the O'cean range of fruit waters in flavours of apple, mango, guava and peach are the solution to your hydration needs. This beverage is an ideal and rare combination of water, fruit juice, vitamins and electrolytes making it the perfect post workout beverage or something to sip on while working on an office deadline.



## L'EXCLUSIF COCONUT CRISPS

The L'Exclusif brand of premium products have come up with yet another exciting snack to munch on, beat the hunger between meals. Our food experts have curated some intriguing flavours like the pink peppercorn-coconut crisp or the garam masala crisp, both of which are absolutely addictive. Each square has toasted coconut that is enriched with honey and egg whites into an instant energizer or a treat to share with friends on a hike or picnic.

## NATURE'S BASKET RECOMMENDS

GOURMET PICK FROM OUR CONSULTANT EDITOR



## ALPHONSO MANGOES

Crates of the freshest, organic, handpicked Alphonso mangoes are on their way in from Devgarh and Ratnagiri. These sunshiny yellow fruits have been naturally ripened and are free from chemicals like carbide which only means the authentic flavour of the King of fruits for our customers.

## TRY THIS! WATERMELON FETA SKEWERS WITH BASIL AND GREEN PEPPERCORN

SPECIALLY DEVELOPED BY CELEBRITY  
GASTRONOME RUSHINA M GHILDIAL

### INGREDIENTS

- 12 watermelon chunks
- 8 feta chunks
- 1 teaspoon honey
- ½ teaspoon lemon drizzle juice
- ½ tablespoon green pepper corns, chopped up
- basil, chopped in a chiffonade to garnish

### METHOD

- Thread evenly sized chunks of watermelon and feta alternately on small satay sticks, drizzle with lemon and honey dressing and sprinkle with chopped green peppercorns and basil chiffonade.
- If Skewers are not available consider assembling in a shot glass.



## AUTHENTIC WORLD FOOD

WE SHOWCASE SOME OF THE BEST  
CHEESE, MEATS AND WINES FROM  
AROUND THE WORLD AT NATURE'S  
BASKET.



### CHEESE OF THE MONTH EL PASTOR GOAT CHEESE

Imagine a log of creamy, tangy-salty cheese flavoured with such interesting ingredients like black pepper powder or dried herbs. Well-packaged in a vacuum sealed plastic container, El Pastor goat cheese is a great option for a cheese board, sliced and served with crudité, breadsticks or lavash, or used as a spread on toastlets.

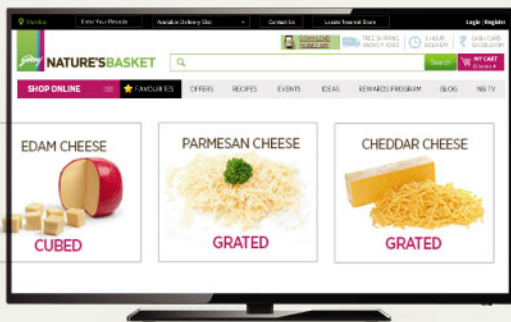
### WINE OF THE MONTH MAISON ALBERT BICHOT, CHABLIS BLANC DOMAINE LONG-DEPAQUIT 2013

This white wine is from Maison Albert Bichot, one of the oldest winemaking families in the Chablis region of France. Like all other Chablis wines, it has been produced entirely from the Chardonnay grape and each glass will reveal the pale green gold tinge with a character and finesse. Pure with high acidity this wine is best served with classic dishes like smoked salmon on toast or as an accompaniment to raw, firm fleshed oysters.

### MEAT OF THE MONTH BAUWENS US STYLE RINDLESS BACON

Rindless bacon is the preferred variety amongst customers around the world. It does not curl or remain chewy like bacon with the rind still attached. Because it remains flat and straight, it can be easily used in a BLT sandwiches, wraps, lasagna or pizza.





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### CUSTOMER SPEAK

To,  
**Shradha Mangal**  
Customer Relationship Manager,  
Bandra Store, Mumbai

Would like to share the feedback for the  
Christmas gifting that you spearheaded from GNB's end.

After all the rigmarole we are happy to share that our clients have liked the  
gifting made by Godrej Nature's Basket, especially the packing. Thanks to your  
team and especially you who lead right from day 1 in spite of many hits & misses.

Happy to work with GNB.

- Tejash Kothari, BBC Global News Ltd.



AWARDED NATIONAL WINNER BRONZE  
FOR **CUSTOMER SERVICE EXCELLENCE**  
AT THE RECENTLY HELD  
**TRRAIN RETAIL AWARDS 2016**

Lovely gift which I never felt like  
opening - as it was packed so beautifully...

Very thoughtful selected items and  
most importantly everything was eggless...

FEEDBACK FROM ONE OF THE CLIENT OF  
**BBC GLOBAL NEWS LTD.**

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FOR JUST  
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