

TASTER

DISCOVER THE VERY LATEST FLAVOURS FROM GOURMET COOKING FROM AROUND THE WORLD

FLAVOUR FOCUS OF THE MONTH: SUMMER COOLERS

While summers in India bring with it the joys of golden, juicy mangoes, it also brings the need to stay well-hydrated through the day. It becomes almost mandatory to sip on some liquid all day to combat the intense heat.

Mildly flavored waters in combinations like mango + passion fruit, pink guava and golden apple are perfect to sip on through the day. A popular choice is the O'cean range. Natural fruit juices can form the base for many an innovative mocktail or punch. Try the Fruit Shoot, Ceres, May range of Juices or the 24LM organic range.

Few things are as welcome as a tall glass of iced tea after a sweaty commute or shopping trip. Some brilliant flavors like cranberry-Apple

can add a wonderful twist to this classic beverage. Check out such innovative flavored teas from Te-a-Me.

Don't let the heat keep you from enjoying your daily coffee. Pick up your favourite from DropKaffe creative blends of cold coffee.

An interesting trend in beverages today is where basil seeds are added into fruit juices; the seeds absorb the liquid and become plump which provides a wonderful texture to the drink. American Style is one such range.

There are some fantastic flavors of syrups like peach, lemon tea, green apple, hazelnut which add a whole new level of fun to making mock

tails. Try the Monin range of syrups. Pour over chilled club soda with ice or stir into lemonades or mix with alcohol for some classy, summery drinks.

Our latest 'Summer Cooler Fest' has everything you will need to stay healthy and refreshed. Now your fridge door can be well stocked with plenty of coolers for everyone in the family. Come down to the store or log into our online store, browse through the numerous options and choose beverages to stay cool this summer.



SWEET DEALS*
FOR
LOYALTY
MEMBERS

GET OVER 4X VALUE FOR YOUR REWARD POINTS

WINGREENS FARMS#
ROSEMARY HUMMUS
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MRP: 800 POINTS
(₹200)

NOW AT
JUST
100
POINTS



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MRP: 600 POINTS (₹150)



NOW AT
JUST
100
POINTS

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HAZELNUTS CHOCOLATES
MRP: 2400 POINTS
(₹600)



NOW AT
JUST
100
POINTS

SHELFWATCH

WE ARE CONSTANTLY ADDING NEW & INTERESTING THINGS TO OUR SHELVES. HERE'S A TASTER OF SOME OF OUR FAVOURITES

SANJEEVANI HONEY GULKAND AND GLUE BERRY PICKLE



Enjoy the luxurious aroma and health benefits of organic Honey Gulkand made using fresh Rosa Damascene grown specially on organic farms at Pushkar-Rajasthan. Stir into cold milk or serve along with ice cream and toasted nuts for an indulgent treat. Also try the Organic glue berry or gunda pickle. Delve into this tangy, spicy accompaniment that will liven mealtimes.



L'EXCLUSIF ICE CREAMS

Made with premium ingredients, our latest addition to the L'Exclusif range is perfect for this summer heat. In irresistible flavours of alphonso mango, tender coconut, rich chocolate, coconut pineapple and figs, these frozen desserts will have you longing for more.



HEALTHY ALTERNATIVES QUINOA FLOUR

Quinoa is a source of complete protein, providing all of the essential amino acids. This is an ideal solution for those following a gluten free, vegan or vegetarian diet. Use this flour for a healthful twist and a nutty flavour addition on baked goods such as breads, pancakes and waffles. It pairs well with fruits, nuts, spices like cinnamon, cardamom, cumin and coriander, as well as herbs like rosemary.



ORGANIC INDIA PSYLLIUM HUSK

Psyllium is the seed husk of the herb Plantago ovate that is a natural, bulk-forming dietary fiber and supports the digestive system. Free from pesticides or artificial preservatives, this product is guaranteed to keep you healthy.



HEALTHY ALTERNATIVES BAKED MAKHANA POPS

These puffy seeds are an excellent alternative to greasy, carb heavy snacks. Our Healthy Alternatives range features makhana that is baked and seasoned with addictive cheese, masala and pepper flavours for a delicious and healthful treat.

INCREDIBLE INGREDIENTS FROM OUR TEST KITCHEN

INGREDIENTS THAT PASS OUR PERSONAL TEST FOR FLAVOUR AND THE THINGS WE COOK UP WITH THEM...

BOB'S RED MILL ORGANIC HIGH FIBER COCONUT FLOUR

Organic coconut flour is a delicious, healthy alternative to wheat and other grain flours. Ground from dried, defatted coconut meat, coconut flour is high in fiber and low in carbs. It is ideal for including in paleo and gluten-free diets. Use in banana bread, muffins, cookies or even as a crumb for pan-fried meat.



NATURE'S BASKET RECOMMENDS

GOURMET PICK FROM OUR CONSULTANT EDITOR



CELERIAC

Muddy in colour with knobby skin, this root vegetable is also called celery root. It has the aroma and an earthier taste of celery and parsley. It is best to choose a relatively small, firm celery root with a minimum of knobs and soft spots. Use in stews, thick soups, in a gratin or a silky purée. It can also be julienned or grated raw into salads.

TRY THIS! CHATKA MARY

SPECIALLY DEVELOPED BY
RENOWNED BEVERAGE CONSULTANT
& MIXOLOGIST SHATBHI BASU

INGREDIENTS

- 200ml guava juice
- 15ml lime juice
- A wedge of lime
- ¼ teaspoon worcestershire sauce
- 1 teaspoon tabasco sauce

GARNISH:

Green chili and salt red chilli powder rim

METHOD

- Rim the glass with salt & red chilli powder
- Fill ¾ of the glass with ice cubes.
- Add guava juice, worcestershire sauce, Tabasco sauce, lime juice, squeeze a wedge of lime and drop it in
- Slide in a long green chilli



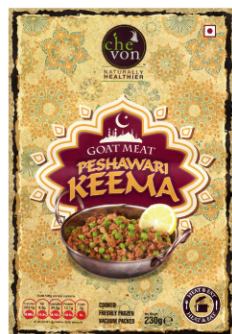
AUTHENTIC WORLD FOOD

WE SHOWCASE SOME OF THE BEST CHEESE, MEATS AND WINES FROM AROUND THE WORLD AT NATURE'S BASKET.



CHEESE OF THE MONTH CASTELLO DANISH BLUE CHEESE

Made from cow's milk, this famous Danish cheese has a smooth and creamy texture with a buttery and tangy taste. Serve with fresh salad and crisp crackers as well as wines like Chenin Blanc and Sauvignon Blanc. It pairs well with figs, rye bread and red meat.



MEAT OF THE MONTH CHEVON PESHAWARI KHEEMA

Tender kid meat is carefully seasoned with spices and hygienically packaged by Chevon; pioneers in making quality goat meat available in supermarkets. Authentically flavoured to recapture the true Peshawari Kheema taste, this minced meat is ready to heat and serve with parathas or pav.

BEVERAGE OF THE MONTH BLACK TOWER RIVANER

A popular German brand of wine, this white wine is known for its mild sweetness and is reminiscent of apple, peach and grapefruit. Its mouthwatering acidity leads to a fresh citrus fruity finish. Its bright flavours pair well with Asian food, or dishes that require a good squeeze of lemon. Serve with light seafood dishes or salty snacks.





MORE REWARDS FOR YOU

Nature's Basket Rewards Program members can now grab up to **200* bonus points** by updating their profile under 'My Rewards' section at www.naturesbasket.co.in/RewardProgram.aspx.

Also, review purchase history and reward points accumulated.

L'Exclusif SELECTION



Feast your senses

EXPERTLY CURATED L'EXCLUSIF COLLECTION

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Paschim Vihar: 25257423/4 | Rajouri Garden: 47551119/61119 | Sector-49, Gurgaon: 4041919/20 | Vasant Vihar: 40571919/81919
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Sahakranagar: 23623401/2 | Whitefield Road: 8028544401/2 **PUNE:** Aundh: 25889530/40 | Koregaon Park: 9021897830/1
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